

# ST. VITAL ZOOM MEETING FORMAT

## THURSDAY EVENING OPEN SPEAKER

### ZOOM MEETING ANNOUNCEMENTS



### Opening the Meeting

1. Please help us open the meeting with a moment of silence, followed by the Serenity Prayer.

(Here – members read the AA Preamble, How It Works and THE 12 Steps)

2. Thank you for helping us open this online meeting of Alcoholics Anonymous. My name is \_\_\_\_\_ and I am an alcoholic.

3. Welcome to our Thursday evening Open Speaker meeting. Welcome to any family, friends and newcomers to St. Vital Zoom.

4. In keeping with Tradition Seven, we are self supporting through our own contributions. Contributions can be made by e-transfer to traditionseven@gmail.com

5. Whatever is said or takes place during an online meeting can be seen all over the world. Please be anonymous. Anonymity is the spiritual foundation of all our Traditions. Please keep in confidence who you see here and what you hear here.

6. The St Vital committee has put in place some guidelines for the Zoom meetings to limit distractions and make the meeting smooth and productive for all.

\*Please mute your microphones and notifications

\*Please turn off your video if you need to leave the room

8. As previously mentioned, tonight is our “Open Speaker Meeting” and we have \_\_\_\_\_ to come and share their experience, strength and hope with us for the next hour. Can you help me welcome .....  
\_\_\_\_\_.

## Closing the “Thursday Evening Speaker” Meeting



1. Thank you \_\_\_\_\_ for coming to share with us today.

(Briefly comment on the Speakers story and how you related)

Can you unmute your Microphones and help me thank \_\_\_\_\_ on more time. (Applause)

2. We have a chip system at the St. Vital Group. **Chips** for 1 day, 1 and 2 months; 3, 6 & 9 month **Medallions**; or a **Card** if today is your sobriety date. You can come up now or after the meeting to receive a chip, medallion or card.

**Chips:** 1 day \*white chip ~ 1 Month \*blue chip ~ 2 Months \*red chip

**Medallions:** 3 months \*green metal ~ 6 months \*blue metal ~ 9 months \*purple metal

2. The St. Vital group strongly believes in the primary purpose of carrying the message to the still suffering alcoholic, and sponsorship is a vital part of the program. Please speak to the chairperson after the meeting if you want to talk about getting a sponsor.

3. If you have three months of sobriety and want to chair Zoom meetings, please speak to the chairperson after the meeting. A reminder ... when anyone, anywhere reaches out for help, I want the hand of AA always to be there ... and for that **“I AM RESPONSIBLE.”**

4. Are there any more announcements for the good of AA?

5. For those who would, please help me close the meeting with The Lord’s Prayer.